



**2010 NEWPORT TO BERMUDA
RACE PREPARATION SEMINAR
HOW TO HAVE FUN – BE SAFE – AND WIN!
MARCH 14, 2010 – 8:30AM-11:15 AM**

8:30-8:40 WELCOME – SEMINAR MODERATOR – AJ EVANS

- a. Goals of seminar:
 - i. to assist in developing a set of goals that are reasonable for each participating yacht and crew
 - ii. and to develop a strategy to achieve those goals

8:40-8:50 RACE STRUCTURE AND PRIZES – BJORN JOHNSON – RACE CHAIR

- b. The second century of racing to Bermuda - the tradition of intense competition in the Corinthian spirit
- c. Divisional structure
- d. Prizes

DEVELOPING A PRERACE STRATEGY

8:50-9:15 DAN DYER - The components of a realistic winning strategy – lessons from 1998 win

- i. What is a “win” for your yacht
- ii. The individual characteristics of each participant
 1. The Yacht – strengths and weaknesses
 2. The Crew – strengths and weaknesses – watch system
- iii. Weather pattern and Gulf Stream – details in next section by Frank Bohlen
- iv. The big picture – it is important to end up on the “right” approach to Bermuda given the weather pattern and to keep in mind that in most races there is a light air upwind finish

9:15-9:40 THE GULF STREAM – FRANK BOHLEN

- i. What are the key characteristics of the Stream for a winning strategy
- ii. What are the Stream resources available between now and the Race in order to develop a winning strategy

9:40-9:55 BREAK

9:55–10:20 PREPARING THE BOAT – A BUSY SPRING – MIKE KEYWORTH – COMPETITOR AND MANAGER OF A BREWER BOAT YARD

- a. The bottom – remember – one bottom and many sails – with the bottom in the water for the entire race
- b. Tools - -essentials for an offshore race
- c. Rigging – important prerace checks
- d. Food - and responsibility for preparation of meals – watch systems
- e. Emergency Kit

10:20-11:00 SAIL SELECTION – TOM DAVIS – NORTH SAILS

- a. Pre-Race Inventory – spinnaker and cruiser divisions – sail limitations
- b. Sail Selection Chart - how to choose when to change sails on the Race Course
- c. Difference between offshore and W/L courses
- d. Code Zero

11:00-11:15 THE DEVIL IS IN THE DETAILS – QUESTIONS AND ANSWERS